As schools continue to move closer to normality, it can be easy to focus on the negatives of lost learning and school catch up instead of acknowledging the tremendous achievements of getting through another lockdown. To help you and your school recognise all your hard work, here are some alternative phrases that truly describe what is relevant right now.

Come up with your own phrases and display these in the classroom and staff noticeboard for everyone to see.

**Instead of:**

- “Covid generation”
- “Catch up”
- “Fallen behind”
- “Lost learning”
- “Maintain good discipline”

**Let’s say:**

- “The extraordinary generation — you’ve done an amazing job!”
- “We are proud of all you have achieved in the challenging time”
- “Emotional Wellbeing is paramount”
- “We have learnt to be adaptable and resilient”
- “Everyone’s experience is different, and we are here to support you”